

## THURSDAY 25 September 2025

| Pre-ASM Programme                              |  |                                                                                                                                                                                                                                                                                                                           |  |
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| 1300 – 1610                                    |  | Fairfield Room                                                                                                                                                                                                                                                                                                            |  |
| NZRA Registrar’s / Trainee’s Workshop          |  | 1300 – 1600                                                                                                                                                                                                                                                                                                               |  |
| Chair: Sree Deepika Padala                     |  | Pukete Room                                                                                                                                                                                                                                                                                                               |  |
| 1300 Dr Simone McIndoe                         |  | 1300 – 1600                                                                                                                                                                                                                                                                                                               |  |
| Age wars – rise of the brittle bones           |  | Cobham Room                                                                                                                                                                                                                                                                                                               |  |
| 1340 Dr Karen Koch                             |  | Cultural Responsiveness                                                                                                                                                                                                                                                                                                   |  |
| Cutaneous manifestations of Rheumatic diseases |  | Join us for an engaging workshop on Cultural Responsiveness, led by Te Rau Ora’s Dr Ricky Bell, a clinician of over 30 years, and Mātauranga Māori Kaiako Te Kauri Wihongi. Nau mai, piki mai – this wānanga will explore practical approaches grounded in kaupapa Māori to enhance care and connection with whānau Māori |  |
| 1420 Dr Marianne Empson                        |  | Presenter: Dr Ricky Bell et al. Te Rau Ora                                                                                                                                                                                                                                                                                |  |
| Immunology laboratory testing in Rheumatology  |  | 1300 Workshop starts                                                                                                                                                                                                                                                                                                      |  |
| 1510 Afternoon Tea (wth all)                   |  | 1510 Afternoon Tea (with all)                                                                                                                                                                                                                                                                                             |  |
| 1530 Prof Jacob Ablin (virtual)                |  | 1530 Workshop resumes                                                                                                                                                                                                                                                                                                     |  |
| Fibromyalgia Syndrome                          |  | 1600 Workshop ends                                                                                                                                                                                                                                                                                                        |  |
| 1610 Workshop ends                             |  |                                                                                                                                                                                                                                                                                                                           |  |
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| Pre-ASM Programme                              |  |                                                                                                                                                                                                                                                                                                                           |  |
| 1300 – 1600                                    |  |                                                                                                                                                                                                                                                                                                                           |  |
| Fairfield Room                                 |  |                                                                                                                                                                                                                                                                                                                           |  |
| NZRA Registrar’s / Trainee’s Workshop          |  |                                                                                                                                                                                                                                                                                                                           |  |
| Chair: Sree Deepika Padala                     |  |                                                                                                                                                                                                                                                                                                                           |  |
| 1300 Dr Simone McIndoe                         |  |                                                                                                                                                                                                                                                                                                                           |  |
| Age wars – rise of the brittle bones           |  |                                                                                                                                                                                                                                                                                                                           |  |
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| Cutaneous manifestations of Rheumatic diseases |  |                                                                                                                                                                                                                                                                                                                           |  |
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| Immunology laboratory testing in Rheumatology  |  |                                                                                                                                                                                                                                                                                                                           |  |
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| 1530 Prof Jacob Ablin (virtual)                |  |                                                                                                                                                                                                                                                                                                                           |  |
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## FRIDAY 26 September 2025

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| <b>0900 – 1030</b>                                                                                                                      |                                                            | Fairfield & Pukete Rooms                                                                                                      | NZRA & NZHPR             |
| Chair: <i>Kristine Ng</i>                                                                                                               |                                                            |                                                                                                                               |                          |
| 0900                                                                                                                                    | <i>Prof Michelle Petri (virtual)</i>                       | Renal Lupus                                                                                                                   |                          |
| 0945                                                                                                                                    | <i>Prof Michelle Petri (virtual)</i>                       | Non-renal Lupus                                                                                                               |                          |
| <b>1030 – 1100</b>                                                                                                                      |                                                            | Morning Tea                                                                                                                   | Whitiora Room            |
| Fairfield & Pukete Rooms                                                                                                                |                                                            | Cobham Room                                                                                                                   |                          |
| <b>1100 – 1230</b>                                                                                                                      |                                                            | NZRA                                                                                                                          | <b>1100 – 1230</b> NZHPR |
| 1100                                                                                                                                    | NZRA AGM                                                   |                                                                                                                               | NZHPR AGM                |
| 1130                                                                                                                                    | “Town Hall” forum for discussion on matters arising        | A Zoom link will allow non-present members to participate in this AGM. The link details can be obtained off Alison Prtichard. |                          |
| 1200                                                                                                                                    | Rheumatology curriculum changes<br><i>Rebecca Grainger</i> |                                                                                                                               |                          |
| <b>1230 – 1330</b>                                                                                                                      |                                                            | Lunch                                                                                                                         | Whitiora Room            |
| <b>1300 – 1330</b>                                                                                                                      |                                                            | Right-hand wall in Fairfield Room                                                                                             |                          |
| <b>Poster Tour</b>                                                                                                                      |                                                            |                                                                                                                               |                          |
| A guided poster tour, led by <i>Rebecca Grainger</i> , with Q&A                                                                         |                                                            |                                                                                                                               |                          |
| <i>Chunhuan Lao</i>                                                                                                                     |                                                            |                                                                                                                               |                          |
| Elevated cancer risk and mortality among patients with Systemic Lupus Erythematosus in New Zealand                                      |                                                            |                                                                                                                               |                          |
| <i>Keeran Shivakumar</i>                                                                                                                |                                                            |                                                                                                                               |                          |
| Addressing duplication bias in myositis literature                                                                                      |                                                            |                                                                                                                               |                          |
| <i>Keeran Shivakumar</i>                                                                                                                |                                                            |                                                                                                                               |                          |
| Advocating for consensus: a review of classification approaches in contemporary research on juvenile idiopathic inflammatory myopathies |                                                            |                                                                                                                               |                          |
| <i>Sree Deepika Padala</i>                                                                                                              |                                                            |                                                                                                                               |                          |
| Study of patients with Idiopathic Inflammatory myositis in Waikato hospital between 2018 and 2023                                       |                                                            |                                                                                                                               |                          |

## FRIDAY 26 September 2025 (continued)

| Fairfield & Pukete Rooms                                                                                                                |                        |             | Cobham Room                                                                        |                          |
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| <b>1330 – 1500</b>                                                                                                                      | <b>Lupus</b>           | <b>NZRA</b> | <b>1330 – 1500</b>                                                                 | <b>NZHPR</b>             |
| Chair: <i>Simon Stebbings</i>                                                                                                           |                        |             | Chair: <i>Janine Haslett</i>                                                       |                          |
| <b>PAPERS</b>                                                                                                                           |                        |             | <b>CASE STUDIES &amp; HAND-OVERS</b>                                               |                          |
| 1330                                                                                                                                    | <i>James Bowman</i>    |             | 1330                                                                               | <i>Susan Stainthorpe</i> |
| Lupus Nephritis outcomes in Aotearoa New Zealand, a retrospective case series                                                           |                        |             | Complex Presentation for Lupus patient                                             | <b>ML</b>                |
| 1345                                                                                                                                    | <i>Nisha Prashar</i>   |             | 1345                                                                               | <i>Janet Evans</i>       |
| Real-world outcomes of treat-to-target strategies in systemic lupus erythematosus: five-year prospective data from a New Zealand cohort |                        |             | The challenges of caring for a patient who is 1:1,000,000!                         | <b>ML</b>                |
| 1400                                                                                                                                    | <i>Douglas White</i>   |             | 1400                                                                               | <i>Lorraine McAdam</i>   |
| Pregnancy outcomes in New Zealand women with Systemic Lupus Erythematosus                                                               |                        |             | JIA journey into adulthood                                                         | <b>ML</b>                |
| 1415                                                                                                                                    | <i>Jenny Wong</i>      |             | 1415                                                                               | <i>Janet Evans</i>       |
| The diagnostic pathway of systemic lupus erythematosus in New Zealand general practice                                                  |                        |             | A lesson learned - Don't give up!                                                  | <b>ML</b>                |
| 1430                                                                                                                                    | <i>Tania Blackmore</i> |             | 1430                                                                               | <i>Dr Jacqui Clark</i>   |
| The psychosocial and supportive care needs of patients managing established systemic lupus erythematosus                                |                        |             | Nociplastic pain: identification and non-pharmaceutical management in rheumatology |                          |
| 1445                                                                                                                                    | <i>Shania Kumar</i>    |             | IP – Innovation in Practice Award applicant                                        |                          |
| Navigating the transition: A scoping review of system-level factors in biosimilar integration for immune-mediated inflammatory diseases |                        |             | ML – Mary Lean Award applicant                                                     |                          |
| 1500 – 1530                                                                                                                             |                        |             | Afternoon Tea                                                                      |                          |
|                                                                                                                                         |                        |             | Whitiora Room                                                                      |                          |

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|----------------------------|--------------------------------------------------------|----------------------------------------------------------------------------------------------|--------------|
| <b>1530– 1710</b>          |                                                        | Fairfield & Pukete Rooms                                                                     | NZRA & NZHPR |
| Chair: <i>Sarah Jordan</i> |                                                        |                                                                                              |              |
| 1530                       | <i>Richard Griffiths &amp; Phillip Kearney</i>         | Arthritis NZ update (topic TBC)                                                              |              |
| 1540                       | <i>Dr Anthony Concannon &amp; Dr Genevieve Ostring</i> | Juvenile Onset Systemic Lupus Erythematosus in New Zealand:<br>Small people, big problems... |              |
| 1625                       | <i>Prof Eric Morand</i>                                | Treat to target in SLE: What is the evidence, and how can I do it in everyday practice?      |              |

Restaurant evening a selection of five local downtown venues (selection made when registering for ASM)

- 1900 assemble in Novotel Hotel foyer for walking groups
- 1930 dinners commence

## SATURDAY 27 September 2025

|                                                        |                                                             |               |
|--------------------------------------------------------|-------------------------------------------------------------|---------------|
| <b>ABBVIE Breakfast Symposium</b> (ticketed breakfast) |                                                             | Cobham Room   |
| <b>0700 – 0815</b>                                     | Chair: <i>Rebecca Grainger</i>                              |               |
| 0715 <i>Ravi Suppiah</i>                               | JAKi update from EULAR                                      |               |
| 0745 <i>Rebecca Grainger</i>                           | A local case for RINVOQ                                     |               |
| <b>0820 – 0950</b>                                     | Fairfield & Pukete Rooms                                    | NZRA & NZHPR  |
| Chair: <i>Raksha Kalpee</i>                            |                                                             |               |
| 0820 <i>Prof Michelle Petri (virtual)</i>              | Antophospholipid Syndrome                                   |               |
| 0905 <i>Prof Georg Schett</i>                          | CAR T cell therapy in autoimmune diseases – A path to cure? |               |
| <b>0950 – 1020</b>                                     | Morning Tea                                                 | Whitiora Room |

| Fairfield & Pukete Rooms      |                                                                                                                                     |      | Cobham Room                  |                                                                                                                                                         |      |
|-------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|------|------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------|
| <b>1020 – 1205</b>            | <b>Gout</b>                                                                                                                         | NZRA | <b>1020 – 1205</b>           | <b>Rheumatology Service</b>                                                                                                                             | NZRA |
| Chair: <i>Ravi Suppiah</i>    |                                                                                                                                     |      | Chair: <i>Tracey Kain</i>    |                                                                                                                                                         |      |
| <b>PAPERS</b>                 |                                                                                                                                     |      | <b>PAPERS</b>                |                                                                                                                                                         |      |
| 1020 <i>Nicola Dalbeth</i>    | Do monosodium urate crystals reduce at different rates in joints and tendons during urate-lowering therapy? A dual energy CT study. |      | 1020 <i>Rebecca Grainger</i> | Rheumatology services in Aotearoa New Zealand – do they meet the Arthritis New Zealand/New Zealand Rheumatology Association-endorsed service standards? |      |
| 1035 <i>Rachel Murdoch</i>    | The impact of framing the causes of gout on gout management beliefs: a randomized study                                             |      | 1035 <i>Valerie Milne</i>    | Rheumatology service volumes in Aotearoa New Zealand: What do administrative data tell us?                                                              |      |
| 1050 <i>Nicola Dalbeth</i>    | Ultrasound findings in people with asymptomatic hyperuricaemia: analysis using the OMERACT gout semi-quantitative scoring system    |      | 1050 <i>Andrew Harrison</i>  | Geography, ethnicity and socioeconomic deprivation are independent determinants of rheumatology first specialist assessment rates in New Zealand        |      |
| 1105 <i>Ellen Prendergast</i> | Measurement time intervals of OMERACT gout core outcome domains                                                                     |      | 1105 <i>Peter Jones</i>      | Community rheumatology - international comparisons of a care delivery model                                                                             |      |
| 1120 <i>Nicola Dalbeth</i>    | Perceptions about asymptomatic hyperuricemia: analysis from the Transitions in Gout Research (TIGER) study                          |      | 1120 <i>Chunhuan Lao</i>     | Incidence, prevalence and treatment of Rheumatoid Arthritis in general practice                                                                         |      |
| 1135 <i>Simon Stebbings</i>   | Bowel Symptoms in Axial Spondyloarthritis: are they of relevance? Results from the Multi-centre New Zealand Spondyloarthritis study |      | 1135 <i>Kristine Ng</i>      | Home-based respiratory -Gated Transcutaneous Auricular Vagus nerve stimulation for Rheumatoid Arthritis – A feasibility study                           |      |
| 1150 <i>Rathan Nagarajah</i>  | Evaluating the use of ultrasound for patients with suspected GCA in Health New Zealand Te Whatu Ora Waitematā                       |      | 1150 <i>Will Taylor</i>      | The NZRA National Audit of time to first specialist appointment for people with seropositive rheumatoid arthritis - second year of data                 |      |

## SATURDAY 27 September 2025 (continued)

|                                                |                                                          |              |
|------------------------------------------------|----------------------------------------------------------|--------------|
| <b>1205 – 1250</b><br>Chair: <i>Doug White</i> | Fairfield & Pukete Rooms                                 | NZRA & NZHPR |
| 1205 <i>Prof Georg Schett</i>                  | Introduction on deep B cell depletion by T cell engagers |              |

|             |       |               |
|-------------|-------|---------------|
| 1250 – 1330 | Lunch | Whitiora Room |
|-------------|-------|---------------|

|      |                |  |
|------|----------------|--|
| 1330 | Free Afternoon |  |
|------|----------------|--|

|                          |                          |                  |
|--------------------------|--------------------------|------------------|
| <b>ASM Awards Dinner</b> |                          | SkyCity Hamilton |
| - 1900                   | pre-dinner drinks        |                  |
| - 1930                   | seated for Awards Dinner |                  |

## SUNDAY 28 September 2025

|                                                   |                                                                        |              |
|---------------------------------------------------|------------------------------------------------------------------------|--------------|
| <b>900 – 1030</b><br>Chair: <i>Nicola Dalbeth</i> | Fairfield & Pukete Rooms                                               | NZRA & NZHPR |
| 0900 <i>Prof Georg Schett</i>                     | Prevention of rheumatoid arthritis                                     |              |
| 0945 <i>Prof Eric Morand</i>                      | Targeted therapies at last– how will we manage SLE in the next decade? |              |

|             |             |               |
|-------------|-------------|---------------|
| 1030 – 1100 | Morning Tea | Whitiora Room |
|-------------|-------------|---------------|

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|---------------------------------------------------|--------------------------------------|---------------|
| <b>1100 – 1230</b><br>Chairs: <i>MikeCorkill</i>  | Fairfield & Pukete Rooms             | NZRA & NZHPR  |
| <b>GRAND ROUNDS</b>                               |                                      |               |
| 1100 <i>Chagi Mannakkara</i>                      | Heartache                            |               |
| 1115 <i>Douglas White</i>                         | A wrist full of ricicles             |               |
| 1130 <i>Connor Skipworth</i>                      | Critical masses: A diagnostic puzzle |               |
| 1145 <i>Rajiv Gupta</i>                           | The brain teaser                     |               |
| 1200 <i>XX</i>                                    | Topic                                |               |
| 1215 <i>XX</i>                                    | Topic                                |               |
| 1225    Promotion of NZRA ASM 2026 in Wellington: | <i>Will Taylor</i>                   |               |
| 1230 – 1300                                       | Farewell Lunch                       | Whitiora Room |